

ST JOHNS PRIMARY MENU

KEY

LUPIN-L
CRUSTACEANS-CR
CELERY-CE

NUTS-N
PEANUTS-PN
MOLLUSC-MO

MUSTARD-M
SESAME-SE
SULPHITES-SU

EGG-E
SOY-SO
FISH-F

VEGAN-VE
DAIRY-D
GLUTEN-G

WEEK ONE

13/4, 4/5, 25/5, 15/6, 6/7

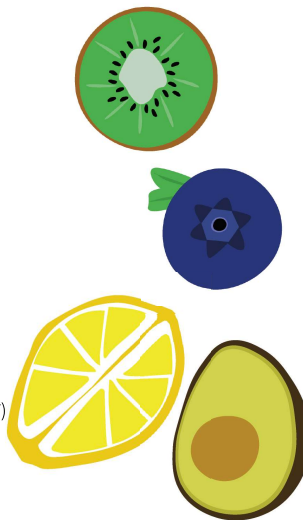
MONDAY MAINS

Pork Sausage (G,Su)
with Mashed Potato (Su), Peas & Gravy

Vegetarian Sausage (So)
with Mashed Potato (Su), Peas & Gravy (V)

Pasta (G) with Tomato Sauce,
Cheese (D) or Tuna (E,F)

Cherry Shortbread (G,Su,So)



DESSERT

TUESDAY MAINS

Chinese Chicken Curry (G,M)
with 50/50 Rice & Sweetcorn

Chinese Quorn Curry (G,M)
with 50/50 Rice & Sweetcorn (V)

Ham or Cheese Baguettes (G,D) /
Cheese (D), Baked Beans or Tuna Mayo (E,F)

Jacket Potato with Side Salad

Rainbow Sponge Cake (G,E,So)

DESSERT

WEDNESDAY MAINS

Roast Chicken with
New Potatoes (Su), Gravy, Carrots & Peas

Roasted Quorn Fillet (E,D)
with New Potatoes, Gravy, Carrots & Peas (V)

Pasta (G) & Tomato Sauce, Cheese (D)
or Tuna (F,E)

Strawberry Jelly

DESSERT

THURSDAY MAINS

Bacon Topped Macaroni Cheese (G,D,So)
Served with Broccoli

Macaroni Cheese (G,D,So)
Served with Broccoli (V)

Cheese (D), Baked Beans or Tuna Mayo (E,F)

Jacket Potato with Side Salad

DESSERT

FRIDAY MAINS

Vanilla Cookie (G,So)

Battered Fish (G,F)
Served with Chips & Baked Beans or Peas

Cheese & Tomato Omelette (E,D)
Served with Chips & Baked Beans or Peas (V)

DESSERT

Pasta (G) & Tomato Sauce, Cheese (D)
or Tuna (F,E)

Chocolate Ice Cream (D)

WEEK TWO

20/4, 11/5, 1/6, 22/6, 13/7

Pepperoni Pizza (G,D)
Served with Potato Wedges & Corn on the Cob

Margherita Pizza (G,D)
Served with Potato Wedges & Corn on the Cob (V)

Pasta (G) & Tomato Sauce, Cheese (D)
or Tuna (E,F)

Apple Flapjack (G)

Chicken Korma Curry
with 50/50 Rice & Green Beans

Quorn Korma Curry (M)
with 50/50 Rice & Green Beans (V)

Ham or Cheese Baguettes (G,D) /
Cheese (D), Baked Beans or Tuna Mayo (E,F)

Jacket Potato with Side Salad

Jam Sponge (E,D,So)

Brunch Lunch- Sausage (G,So,Su), Bacon,
Baked Beans, Hash Brown & Tomato

Veggie Brunch Lunch - Vegetarian Sausage (So),
Omelette (E,D), Hash Brown, Baked Beans & Tomato (V)

Pasta (G) & Tomato Sauce, Cheese (D)
or Tuna (E,F)

Orange Mandarin Jelly

Beef Lasagne (D,G,E,So,M,C)
with Garlic Bread (G,So,D) & Broccoli

Vegetarian Mince Lasagne (D,G,E,So,M,C)
with Garlic Bread (G,So,D) & Broccoli (V)

Cheese (D), Baked Beans or Tuna Mayo (E,F)

Jacket Potato with Side Salad

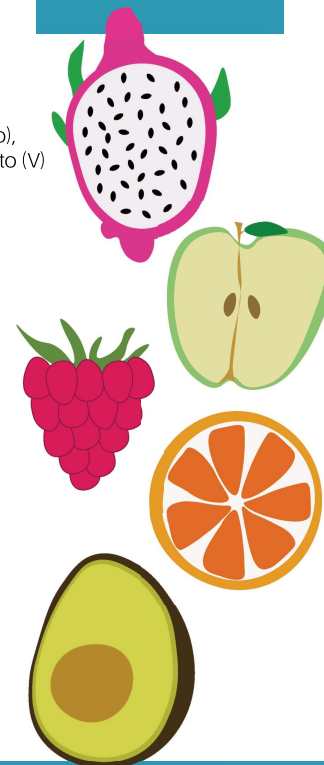
Chocolate Brownie (E,D,So,G)

Fish Fingers (G,F)
Served with Chips & Baked Beans or Peas

Vegan Sausage Roll (G)
Served with Chips & Baked Beans or Peas (V)

Pasta (G) & Tomato Sauce, Cheese (D)
or Tuna (E,F)

Strawberry Ice Cream (D)



WEEK THREE

27/4, 18/5, 8/6, 29/6, 20/7

Hunters Chicken (M, D)
Served with Diced Potatoes & Corn on the Cob

Grilled Cheese Sub (G,So,D)
Served with Diced Potatoes & Corn on the Cob

Pasta (G) & Tomato Sauce, Cheese (D)
or Tuna (E,F)

Orange Cookie (G,So)

Beef Bolognese
Served with Pasta (G) & Green Beans

Veggie Mince Bolognese
Served with Pasta & Green Beans (V)

Ham or Cheese Baguettes (G,D) /
Cheese (D), Baked Beans or Tuna Mayo (E,F)

Jacket Potato with Side Salad

Chocolate Sponge (G,E,So,D)

Roast Gammon
Served with New Potatoes (Su), Peas & Carrots

Cauliflower Cheese (D,G,So)
Served with New Potatoes (Su), Peas & Carrots (V)

Pasta (G) & Tomato Sauce, Cheese (D)
or Tuna (E,F)

Peach & Raspberry Jelly

Pork Meatballs (G,So,Su)
Served with Pasta (G) & Broccoli

Vegan Meatballs
Served with Pasta (G) & Broccoli (V)

Cheese (D), Baked Beans or Tuna Mayo (E,F)

Jacket Potato with Side Salad

Pancakes (G,E,D) with Berry Compote

Fish Stars
Served with Chips & Baked Beans or Peas

Cheese & Tomato Pinwheel (G,D,M,So,L)
Served with Chips & Baked Beans or Peas (V)

Pasta (G) & Tomato Sauce, Cheese (D)
or Tuna (E,F)

Vanilla Ice Cream (D)

Allergen Information: Menu descriptions may not list every individual ingredient. We are aware of the presence of allergens requiring labelling, so please ask a member of the catering team should you require any more details. Vegetarian options are indicated by the symbol (V) and Vegan options are indicated by the symbol (Ve).