

*St Johns Primary - Week 2

Fred

 Cereals Containing Gluten

 Peanuts

 Tree Nuts

 Milk

 Eggs

 Crustaceans

 Fish

C Celery and Celeriac

 Soya and Soya Products

S Sesame Seeds

 Molluscs

 Mustard

L Lupin

 Sulphites

 GM Foods

 Vegetarian

 Vegan

 Gluten Free

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	Chicken Korma Curry - Allergy Free Does Contains: May Contain: Modifiers:	Macaroni Cheese Topped with Crispy Bacon Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Milk May Contain:   Gluten (Barley), Gluten (Rye), Gluten (Oats), Soya and Soya Products Modifiers:	Roast Chicken - MKG Does Contains: May Contain: Modifiers:	Pork Meatball Sub on Baguette Does Contains:     Gluten (Barley), Gluten (Wheat), Gluten (Rye), Cereal Containing Gluten, Soya and Soya Products, Sulphites, Milk May Contain:  Gluten (Oats) Modifiers:	Fish Fingers KS2 Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Fish May Contain: Modifiers: Fish Fingers KS1 Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Fish May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
Vegetarian Meals	Quorn Korma - Allergy Free Sauce (VG) Does Contains: May Contain: Modifiers:	Macaroni Cheese (KEEP) Does Contains: Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: Gluten (Barley), Gluten (Rye), Gluten (Oats), Soya and Soya Products Modifiers:	Roast Quorn Fillets (VG) Does Contains: Gluten (Wheat), Cereal Containing Gluten May Contain: Modifiers:	Vegetarian Meatball Sub on Malted Wheat Baguette (V) Does Contains: Gluten (Barley), Gluten (Wheat), Gluten (Rye), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: Gluten (Oats), Eggs, Sesame Seeds, Celery and Celeriac, Mustard Modifiers:	Cheese & Bean Turnover Does Contains: Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: Soya and Soya Products, Lupin, Mustard Modifiers:
	Homemade Bread Does Contains: Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: Eggs Modifiers:	Homemade Bread Does Contains: Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: Eggs Modifiers:	Homemade Bread Does Contains: Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: Eggs Modifiers:	Homemade Bread Does Contains: Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: Eggs Modifiers:	Peas (VG) Does Contains: May Contain: Modifiers:
	50/50 Rice (VG) Does Contains: May Contain: Modifiers:	Broccoli (VG/GF) Does Contains: May Contain: Modifiers:	Roast Potatoes (VG) Does Contains: Sulphites May Contain: Modifiers:	Herby Diced Potatoes Does Contains: May Contain: Modifiers:	Baked Beans (VG/GF) Does Contains: May Contain: Modifiers:
					Chips (VG) Does Contains: May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
	Green Beans (VG)  Does Contains: May Contain: Modifiers:		Carrots (half portion) (VG/GF)  Does Contains: May Contain: Modifiers: Peas (half portion) (VG)  Does Contains: May Contain: Modifiers: Knorr Gravy (VG)  Does Contains: May Contain: Modifiers:	Sweetcorn (VG)  Does Contains: May Contain: Modifiers:	Homemade Bread  Does Contains:    Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain:  Eggs Modifiers:
Third Option	Tuna Topping Does Contains:  Fish May Contain: Modifiers:	Jacket Potato (VG)  Does Contains: May Contain: Modifiers:	Tuna Topping Does Contains:  Fish May Contain: Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Tuna Topping Does Contains:  Fish May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
	Twisty Pasta Topping - Tomato Sauce (VG/GF)  Does Contains: May Contain: Modifiers:	Side Salad (VG)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Grated Cheddar (GF)  Does Contains: May Contain: Modifiers:	Jacket Potato Tuna Mayo Topping Does Contains: Fish, Eggs May Contain: Modifiers:	Twisty Pasta Topping - Tomato Sauce (VG/GF)  Does Contains: May Contain: Modifiers:
	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Jacket Potato Tuna Mayo Topping Does Contains: Fish, Eggs May Contain: Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Jacket Potato Grated Cheese Topping  Does Contains: Milk May Contain: Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:
	Twisty Pasta (VG)  Does Contains: Gluten (Wheat), Cereal Containing Gluten May Contain: Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:	Cheese Baguette  Does Contains: Gluten (Barley), Gluten (Wheat), Gluten (Rye), Cereal Containing Gluten, Milk May Contain: Gluten (Oats) Modifiers:	Twisty Pasta (VG)  Does Contains: Gluten (Wheat), Cereal Containing Gluten May Contain: Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:	Jacket Potato (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Twisty Pasta (VG)  Does Contains: Gluten (Wheat), Cereal Containing Gluten May Contain: Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:
	Twisty Pasta Topping - Grated Cheddar (GF)  Does Contains: Milk May Contain: Modifiers:		Twisty Pasta Topping - Tomato Sauce (VG/GF)  Does Contains: May Contain: Modifiers:	Jacket Potato Baked Beans Topping (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Grated Cheddar (VG/DF)  Does Contains: May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
	Twisty Pasta Topping - Grated Cheddar (VG/DF)  Does Contains: May Contain: Modifiers:	Ham Baguette Does Contains:  Gluten (Barley), Gluten (Wheat), Gluten (Rye), Cereal Containing Gluten May Contain:   Gluten (Oats), Milk Modifiers: Jacket Potato Grated Cheese Topping  Does Contains:  Milk May Contain: Modifiers: Jacket Potato Baked Beans Topping (VG)  Does Contains: May Contain: Modifiers: Jacket Potato Grated Cheese Topping (VG)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Grated Cheddar (VG/DF)  Does Contains: May Contain: Modifiers:	Jacket Potato Grated Cheese Topping (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Grated Cheddar (GF)  Does Contains:  Milk May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
Desserts	Yogurt (Mullerlight) 🌱 Does Contains: 🚫 Milk May Contain: Modifiers: Fruit - Grapes (VG) 🌱 Does Contains: May Contain: Modifiers: Fruit - Banana (VG) 🌱 Does Contains: May Contain: Modifiers: Fruit - Apple (VG) 🌱 Does Contains: May Contain: Modifiers:	Yogurt (Mullerlight) 🌱 Does Contains: 🚫 Milk May Contain: Modifiers: Fruit - Grapes (VG) 🌱 Does Contains: May Contain: Modifiers: Fruit - Orange (VG) 🌱 Does Contains: May Contain: Modifiers: Fruit - Apple (VG) 🌱 Does Contains: May Contain: Modifiers:	Yogurt (Mullerlight) 🌱 Does Contains: 🚫 Milk May Contain: Modifiers: Fruit - Grapes (VG) 🌱 Does Contains: May Contain: Modifiers: Fruit - Banana (VG) 🌱 Does Contains: May Contain: Modifiers: Fruit - Apple (VG) 🌱 Does Contains: May Contain: Modifiers:	Fruit - Grapes (VG) 🌱 Does Contains: May Contain: Modifiers: Yogurt (Mullerlight) 🌱 Does Contains: 🚫 Milk May Contain: Modifiers: Fruit - Apple (VG) 🌱 Does Contains: May Contain: Modifiers: Fruit - Banana (VG) 🌱 Does Contains: May Contain: Modifiers:	Fruit - Banana (VG) 🌱 Does Contains: May Contain: Modifiers: Yogurt (Mullerlight) 🌱 Does Contains: 🚫 Milk May Contain: Modifiers: Fruit - Orange (VG) 🌱 Does Contains: May Contain: Modifiers: Fruit - Apple (VG) 🌱 Does Contains: May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
	Fruit - Orange (VG) 🌿 Does Contains: May Contain: Modifiers: Iced Cinnamon Fruit Roll 🌿 Does Contains: 🌿🍷🍷🍷 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🍷 Eggs Modifiers:	Fruit - Banana (VG) 🌿 Does Contains: May Contain: Modifiers: Fruit Salad (VG) 🌿 Does Contains: 🍷 Sulphites May Contain: Modifiers:	Fruit - Orange (VG) 🌿 Does Contains: May Contain: Modifiers: Apple Sponge 🌿 Does Contains: 🌿🍷🍷 Gluten (Wheat), Cereal Containing Gluten, Eggs May Contain: 🍷 Soya and Soya Products Modifiers:	Fruit - Orange (VG) 🌿 Does Contains: May Contain: Modifiers: Orange & Mandarin Jelly (VG) 🌿 Does Contains: May Contain: Modifiers:	Strawberry Ice Cream 🌿 Does Contains: 🍷 Milk May Contain: Modifiers: Fruit - Grapes (VG) 🌿 Does Contains: May Contain: Modifiers: